



READ ME

'GAMI GUIDANCE
NEWS YOU CAN USE



MARCH/
APRIL 2008

Volunteering for Your Future

You're getting the most out of your education and job preparation by doing your best in class. But you can continue your education outside of class as well by volunteering. Volunteering teaches you more about yourself and your world while preparing you for the future and connecting you to your community.

Community Service for Career Building

You'll get more than just warm fuzzies from performing community service. Volunteering can help you:

- **Gain practical skills and experience.** Volunteer positions can develop your problem-solving and organizational skills, your ability to multi-task and work well under pressure - which are great skills to have on the job.
- **Explore possible career tracks.** Volunteering is a risk-free way to try out a field you're interested in without making a long-term commitment.
- **Build a strong networking base.** The people you meet while volunteering can make great mentors, giving you career information and insight - and even reference letters and news about job openings.
- **Develop your interpersonal skills.** Commu-

nity service jobs involve working with a variety of people from different social, economic and cultural backgrounds. You'll learn to operate effectively in a diverse workplace.

- **Prove that you care.** Apathy isn't in demand. Volunteer work demonstrates your motivation, energy and enthusiasm.

Opportunities Near You

There are opportunities to make a difference all around you. But choose carefully. Look for a position that will help you feel connected to your community, but that is also conveniently located and fits your schedule.

Here's where to start your search:

- Look for postings in guidance. Departmental bulletin boards, United Way, hospital and community web sites are good places to check for volunteer opportunities.
- Check with clubs or service organizations. Ask club officers for more information. Local Nursing Homes, Churches, the Humane Society, or Police Departments may have opportunities.
- Call your area Chamber of Commerce. Many businesses and civic organizations coordinate volunteer efforts. In addition to helping you find volunteer opportunities, working with business leaders can give you connections that may come in handy when you're looking for a job.

Do YOU KNOW?

Absegami Guidance Goodies...



Do you know that you will not be awarded a scholarship based on your superior athletic ability, tremendous volunteer resume, stellar transcript, publishable writing skills, beauty queen looks, or winning personality alone...

YOU need to apply for a scholarship.

Local scholarships are listed on www.absegami.net goto Guidance and then the scholarship link. These are also posted on a bulletin board down in the Guidance Office. The hard copy applications can be obtained from Mrs. C. Berret in the Guidance Office. Any questions should be directed to your counselor immediately. Deadlines are coming and going! Hundreds of other scholarships are available on-line at www.fastweb.com.

- You can now find a volunteer opportunity on [Fast-Web Volunteers](http://www.fastweb.com). Get registered on fastweb today! It's a free service and it will connect you to scholarships as well as tremendous college admissions information. Thousands of organizations are looking for motivated students just like you. You might not get a hefty paycheck, but what you do get in return will be invaluable.
- By Roxanna Hadad (edited by mr mont) on www.fastweb.com

What do you think...

"Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around."

Dr Leo Buscaglia

March/April'08 Guidance Calendar

March 4, 5, 6 High School Proficiency Assessment Get a good night's sleep and be your best for this important graduation requirement. **March 11, 12, 13 HSPA Make-Ups**

March 18, 19, 26, 27, & 28 All Counselors will be at Galloway Township Middle School meeting with parents and scheduling incoming students.

April 9 College Admissions Workshop Starts at 6pm in the Senior cafeteria. Guest speaker is Heather Medina from the Richard Stockton College of NJ. Plus breakout sessions on all aspects of the college application process.

April 11 Career Exploration all day long for Juniors in the PAC. Program leader is Kevin McGlynn from DeVry University.

April 16 and 17 ACCC JumpStart Individual meetings. JumpStart students will be notified of individual meeting times.

April 18 Annual Spring College Fair for Juniors Sign up in Guidance for this exciting event which takes place during periods 1 & 2 in the regular cafeteria.

April 23 Annual Job Fair Sign up in Guidance and get a head start on summer employment. During periods 11 and 12 in the Senior Cafeteria. Bring your resume'.

April 30 NJ National College Fair visit nacaanet.org/NCF

PROGRAMS/OPPORTUNITIES

- **ACCC Students be sure to apply for the ACCESS Scholarship** See your counselor for an application today! **Deadline for submission is May 2.**
- **West Virginia University's College of Engineering and Mineral Resources is hosting a visitation day set for Saturday April 5th.** Goto www.wvu.edu for more details.
- **The Federal Aviation Administration has summer internships available.** See your counselor- **Deadline is April 15.**
- **The University of Delaware has summer college.** Goto www.udel.edu/summercollege for further information.
- **NYU has a summer PreCollege Program.** Visit www.nyu.edu/summer today!
- **The Construction Industry Career Day is set for Friday and Saturday April 25 & 26 GSP exit109** Visit www.cicdnj.org
- **TCNJ has a summer Civil Engineering Camp.** See your counselor for an application. **Early app Deadline is April 11.**
- **NJIT has an Engineering career Day set for Tuesday May 6.** Call Ms Arminta Skipper @ 973.596.3226 for more info.
- **Long Island University's CW Post Campus has a spring Open House set for Sunday April 27.** Visit www.liu.edu for details
- **The United States Military Academy has a Summer Leaders Seminar** apply at www.admissions.usma.edu today!
- **It's NOT too late to apply to RSC!** Did you know that Stockton has a Full Tuition Dean's Scholarship if you are in the Top 20% of your class with an 1150 or better SAT!
- **Want a career @ Disney? Google Disney careerstart now**

- Our local Rotary International Club is looking for young people ages 15.5 through 18.5 who are interested in studying in a foreign country for a full year. Call Jack Kammer at 898-9134 for more details.
- LeadAmerica wants you! See your counselor today for Congressional Student Leadership Conference information today!
- "MANNA at the Shore" needs volunteers, call Susan Simon @641-3253 for more information.
- Medical Explorers are back at the AtlanticCounty Regional Medical Center in Pomona and Atlantic City! Call Ed Kyle @441-8086 for the details.
- Are you into animals? Join the Philadelphia Zoo's Junior Zoo Apprenticeship Program! See your counselor for details or goto www.philadelphiazoo.org today.
- A career in travel? Go to www.thetravelacademy.com
- www.questbridge.org has a National College Match Program which provides full four year college scholarships- check it out today!
- Girls Only- Summer Programs in Science! Go to www.smith.edu/summerprograms/ssep for more info

Personal Care...

- Are you or a friend struggling with substance use? It's not too late to get out... Identifying a weakness and dealing with it in a positive way is a sign of strength! You can do this, you need to do this, and deep down you know that you want to be better- you can get out of the ugly cycle that is addiction! Here is one place for confidential and free help... Atlantic County's **TRYIT- Treating Recovering Youth In Transition.** Call Jake Straughn or Greg Mayer at 645-7700 ext 4331 or ext 4334. Start feeling like yourself again Call TODAY!
- **Do you want to FIGHT someone?** Don't do it! Use Mediation- it's quick, CONFIDENTIAL, and it works! See any teacher, counselor, or mediator for a request form.
- Issues with eating or body image? Learn more at www.renfrewcenter.com and start helping yourself or a friend.

ACADEMIC Help is AVAILABLE...

- **TUTORS Available in the Guidance Office...** Submit a National Honor Society Tutor Request Form TODAY!
- **WEEKLY Progress Reports are available in the Guidance Office and offer great teacher feedback.**
- **Late Study Tuesday and Wednesday for Math 4:30 to 6:30pm & Thursday for Math and Science 4:30 to 7:30pm in the 'Gami Library.** Also Egg Harbor City students can go to FD Rittenberg Mon through Fri from 5 to 8pm for Eng, Math, & Science!
- Make sure your parents are on ParentConnect! Go to www.absegami.net for registration details!